



DGM Message Title: The Essentials – Part 4 “Lord of the Sabbath”

Theme: God wants to give us rest to enjoy all He has provided.

Message Summary: Jesus affirms the reliability and authenticity of the Scriptures by quoting examples and consistencies in God’s Laws from King David. Jesus affirms the purpose of the Sabbath and explains how it should be enjoyed. Jesus always acts for the good of others. Jesus is Lord of the Sabbath and wants us to rest in all that He has provided.

Scripture References (NKJV):

- **Deuteronomy 23:25**
- **Proverbs 4:7**
- **Ecclesiastes 7:16**
- **Matthew 5:18**
- **Matthew 12:1-8**
- **Matthew 15:3**
- **Mark 2:27**
- **Luke 17:29, 32**
- **John 10:35**

Key Points:

- At that time Jesus went through the grainfields on the Sabbath (Matthew 12:1 NKJV)
 - A beautiful journey turned sour when uninvited guests showed up.
 - People who are not happy with themselves will never be happy with you!
 - ...In all of your getting, get understanding. (Proverbs 4:7 NKJV)
 - If we don’t understand the purpose of a thing, it’s only a matter of time before we abuse it.
 - And He said to them, “The Sabbath was made for man, and not man for the Sabbath.” (Mark 2:27 NKJV)
 - Sabbath was day off when we didn’t have to worry about the practical.
 - We could celebrate the eternal and get some much-needed rest for our bodies.
 - Nothing that Jesus has ever done was only been for himself.
- ...And His disciples were hungry, and began to pluck heads of grain and to eat. (Matthew 12:1 NKJV)
 - When you come into your neighbor’s standing grain, you may pluck the heads with your hand... (Deuteronomy 23:25 NKJV)
 - Like the Pharisees, we make our tradition our lens... instead of God’s Word.
 - Do not be overly righteous, (Ecclesiastes 7:16 NKJV)
 - Jesus didn’t argue with sinners; he argued with the Pharisees.
 - What the Scripture whispers about, we should not shout about.

- Nor be overly wise: Why should you destroy yourself? (Ecclesiastes 7:16 NKJV)
- When I over-think, I start creating problems God never asked me to solve!
 - Keep doing things, but stop overdoing things.
- But He said to them, "Have you not read what David did when he was hungry, he and those who were with him?" (Matthew 12:3 NKJV)
 - Jesus consistently had a problem with the people who believed God's Word in theory, but did not accept its authority in their lives.
 - Jesus believed that God's Word was always relevant.
- He answered and said to them, "Why do you also transgress the commandment of God because of your tradition? (Matthew 15:3 NKJV)
 - Why did the Pharisees overlook the Scripture? Because of their tradition or culture.
 - Anything exalted above God and His Word is an idol!
- For assuredly, I say to you, till heaven and earth pass away, one jot or one tittle will by no means pass from the law till all is fulfilled. (Matthew 5:18 NKJV)
 - But on the day that Lot went out of Sodom it rained fire and brimstone from heaven and destroyed them all. (Luke 17:29 NKJV)
 - Remember Lot's wife. (Luke 17:32 NKJV)
 - Jesus believed God's Word was true.
- But He said to them, "Have you not read what David did when he was hungry, he and those who were with him: (Matthew 12:3 NKJV)
- how he entered the house of God and ate the showbread which was not lawful for him to eat, nor for those who were with him, but only for the priests? (Matthew 12:4 NKJV)
 - Jesus didn't have to invent a better way to say it because it was already said right.
 - The law of worshipping God on the Sabbath is a higher law than the law of working on the Sabbath.
 - Don't miss the spirit behind a truth by merely focusing on the letter.
- Yet I say to you that in this place there is One greater than the temple. (Matthew 12:6 NKJV)
 - Jesus was either who He said He was or a nutcase.
 - Son of God became Man, to enable mankind to become Sons of God." C.S. Lewis
- For the Son of Man is Lord even of the Sabbath." (Matthew 12:8 NKJV)
 - Jesus did not see himself as a prophet.
 - The Sabbath was a day to rest in what God had already provided.
 - Everything we need is already provided.
 - The Sabbath is our way of saying, "It is finished!"
 - He has called us not to just a day of Sabbath rest, but to a life of Sabbath rest.